

POLAND



Update: 3rd July 2024



Geography

Area: 312,679 km²
Borders: 3,071 km (Belarus 418 km, Czech Republic 796 km, Germany 467 km, Lithuania 104 km, Russia (Kaliningrad Oblast) 210 km, Slovakia 541 km, Ukraine 535 km)
Coastline: 440 km (Baltic Sea)
Capital: Warsaw
Official language: Polish

Source : The CIA World Factbook



Population

Population: 36,753,736 inhabitants (2023)
Natural change rate: -3.9‰ (2022)
Migration rate: -0.3‰ (2023 est.)
Asylum applicants: 5,140 (July 2023)
Population: 14.5% under 15 years old, 20.6% over 65 years old (est. 2023)
Life expectancy: men 75.3 years, women 82.9 years (2023 est.)
Ethnic groups: Polish 96.9%, German 0.2%, Silesians 1.1%, Ukrainian 0.1%, other and unspecified 1.7% (2011 est.)
Religion: Catholic 85%, Orthodox 1.3%, Protestant 0.4%, other 0.3%, unspecified 12.9% (2020 est.)

Source : Eurostat, The World Factbook



Economy

Currency: Zloty (PLN) (exchange rate January 2024: 1€ = 4.36 PLN)
GDP: € 750,800.7 million (2023)
GDP per capita (PPP): € 14,750 (2023)
GDP Growth: 0.2% (2023)
Unemployment: 3% (May 2024)
Inflation: 2.8% (May 2024)
Government debt: 50.5% of GDP (2023)
Budget balance: -5% of GDP (2023)
High performance sectors: furniture, automobile industry, shipbuilding, food industry, steel industry
Stock of foreign direct investment from the entire world: 46% of GDP (2022)

Source : Eurostat, Trading Economics, European Central Bank



Political Representation

Composition of the Sejm (in July 2024):

- 190 seats United Right Coalition (PiS/SP/Porozumienie)
- 157 seats Civic Coalition (KO)
- 63 seats Third Way Coalition (Trzecia Droga)
- 26 seats New Left Coalition (Nowa Lewica)
- 18 seats Freedom and Independence Confederation (Konfederacja)
- 3 seats Kukiz'15
- 1 seat independent

Composition of the Polish Senate (in July 2024):

- 34 seats United Right Coalition (PiS/SP/Porozumienie)
- 42 seats Civic Coalition (KO)
- 12 seats Third Way Coalition (Trzecia Droga)
- 8 seats New Left Coalition (Nowa Lewica)
- 3 seats Independent

Female representation:

- in the government: 10/26
- in the Sejm: 140/460
- in the Senate: 19/100

Next elections: general in 2027 and presidential in 2025



Political System

Republic, parliamentary democracy (Constitution of 17th October 1997)

Head of State: Andrzej Duda (Law and Justice, PiS), elected on 24th May 2015 by direct universal suffrage (five-year term renewable once) and reelected on 12th July 2020.

Prime Minister: Donald Tusk (KO) was elected President of the Council of Ministers by the Sejm on 11th December 2023 and has been in office since 13th December 2023. He leads a coalition government between the Civic Coalition, Third Way and New Left.

Bicameral parliamentary system:

The Diet (Sejm) comprises of 460 members who are elected for a four-year term by proportional representation. A threshold of 5% of votes is necessary for a political party (8% for a coalition) to be represented in the Diet; some seats are reserved for representatives of ethnic minorities. The 100 members of the Senate are elected for four years by majority vote; representatives and senators are elected at the same time.